

EARTH MONTH



April is Earth Month at UHN and to celebrate throughout the month, win BINGO by completing as many lines as you can! Even better, fill the whole card!

B I N G O

<p>Joined the UHN Green Team by emailing green@uhn.ca</p>	<p>Repaired something instead of buying new</p> 	<p>Turn It Off Before You GO GO! Turned off items when not in use</p>	<p>Ate a delicious plant-based meal</p>	<p>Learned the different recycling rules at work & home</p> 
<p>Walked or biked for a trip under 5km</p> 	<p>Contacted political reps to tell them climate change is a priority</p>	<p>Refused unnecessary items (e.g., straws, plastic cutlery)</p>	<p>Supported local farmers by buying local food</p> 	<p>Reused something again and again (e.g., grocery bag)</p>
<p>Read up on climate issues & shared with family, friends, coworkers</p>	<p>Took public transportation</p> 		<p>Bought something second hand or made of recycled material</p>	<p>Turned down the heat or turned up the AC by at least 1 °C</p> 
<p>Turned off tap when not in use (brushing teeth)</p> 	<p>Planted fruits or veggies in your garden or window box</p>	<p>Bought an energy efficient product (e.g., Energy Star)</p>	<p>Donated old/not worn clothes or goods</p> 	<p>Purchased certified sustainable items (e.g. Fair trade, organic coffee)</p>
<p>Drove less and/or switched to electric vehicle</p> 	<p>Bought less garbage/single use items</p>	<p>Recycled e-waste following municipal guidelines</p> 	<p>Donated to an environmental charity or a UHN Foundation</p>	<p>Cut fossil fuels at home</p> 

Post your BINGO cards on Twitter and Facebook to share your sustainable actions by using the hashtag **#EarthMonthUHN**. Or email to green@uhn.ca.



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