

THE GREAT BIG CRUNCH



When?

Thursday, March 11th at 2:30 pm
or anytime during the month of March!

What? Get together (virtually) with over 1 million people, your favourite crunchy produce (think apples, carrots, celery, but not potato chips). Take a photo or video (sound high!) to celebrate your crunch!

Share: Your crunch photos/videos on Twitter or Facebook using **#GreatBigCrunchUHN** and we'll retweet you! Or send to green@uhn.ca

Register: With UHN here! <http://bit.ly/GBC-UHN>

Why? To celebrate nutrition month, the joys of healthy and local produce, and to honour the efforts of migrant workers on Ontario farms, a GBC-2021 theme!



Photos from The Great Big Crunch 2017 event!



*Brought to you by UHN's
Energy & Environment Department
and Wellness Department*

